Monday, March 23, 2026

Overview

Gold price experienced a turbulent week, with prices registering their sharpest weekly decline in years as macroeconomic forces overshadowed traditional safe-haven demand. Despite persistent geopolitical tensions stemming from ongoing U.S.-Israel-Iran conflict, bullion remained under sustained pressure as investors increasingly focused on inflationary consequences of surging energy prices and resulting shift in global monetary policy expectations. Metal briefly attempted to stabilize during the week, but overall sentiment remained decisively bearish as external factors continued to weigh heavily on price action.

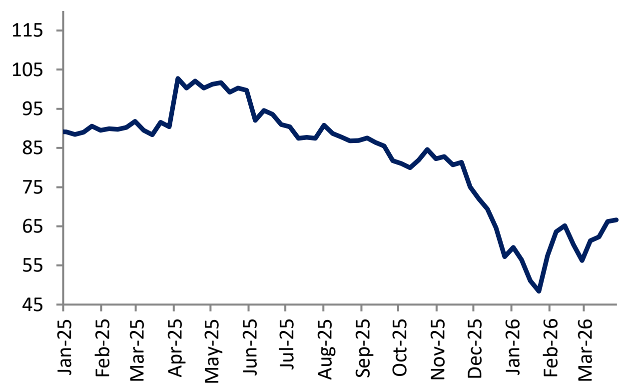
A major driver of market dynamics was the continued escalation in the Middle East conflict, which entered its fourth consecutive week with no signs of de-escalation. Over weekend, tensions intensified after the U.S. issued a strict ultimatum to Iran to reopen Strait of Hormuz, a critical global oil transit chokepoint. Iran responded with strong retaliation threats, including potential disruptions to key regional energy infrastructure. Strikes on strategic assets, including energy terminals and shared gas fields, further heightened geopolitical uncertainty. These developments kept crude oil prices elevated above $100 per barrel for most of the week, with prices briefly touching near four-year highs amid fears of prolonged supply disruptions.

However, unlike typical geopolitical crises that tend to support gold, the current situation had the opposite effect due to its strong inflationary implications. Rising oil prices significantly increased concerns about global inflation, as higher energy costs are expected to feed through into broader price pressures. This

Exchange	Gold	COMEX	MCX
Open	4648	4687	148302
Close	4488	4570	144492
Change	-161	-482	-13974
% Change	-10.58%	-9.54%	-8.82%
Pivot	4567	4611	145445
Resistance	4656	4646	147504
Support	4398	4536	142432

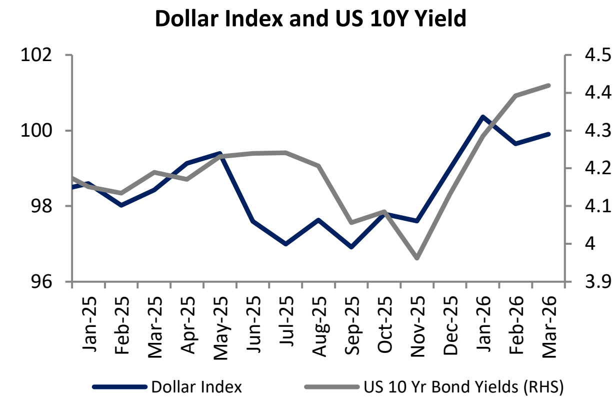
Silver- Weekly Market Data			
Exchange	Silver	COMEX	MCX
Open	72.77	71.92	239948
Close	67.76	69.36	226772
Change	-5.01	-2.56	-32663
% Change	-15.88%	-14.28%	-12.59%
Pivot	69.88	70.27	230026
Resistance	72.42	71.02	236746
Support	65.23	68.62	220051

Gold/ Silver Ratio



Source: Reuters

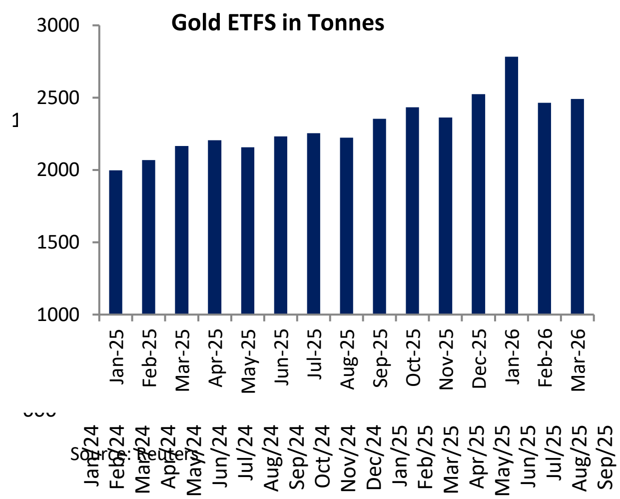
shift in inflation expectations became the dominant market theme, reducing the attractiveness of non-yielding assets such as gold. Investors grew increasingly cautious that sustained inflation could force central banks to maintain tighter monetary conditions for longer than previously anticipated.



Source: Reuters

Central bank developments played a critical role in shaping market sentiment throughout the week. The U.S. Federal Reserve kept its benchmark interest rate unchanged in the 3.50%–3.75% range, as widely expected. However, the tone of the policy statement and subsequent commentary from Fed Chair Jerome Powell reinforced a cautious and data-dependent approach. Policymakers acknowledged the uncertain but potentially significant inflationary impact of rising oil prices, signaling that the path forward for monetary policy remains highly contingent on incoming data. Importantly, the Fed's stance led markets to scale back expectations of near-term rate cuts, with some probability now being assigned to the possibility of further tightening if inflation remains persistent.

Globally, other major central banks echoed a similarly cautious outlook. The Reserve Bank of Australia surprised markets with a rate hike, explicitly citing inflation risks linked to higher commodity prices. Meanwhile, the European Central Bank, Bank of England, Swiss National Bank, and Bank of Japan all held rates steady but signaled limited room for aggressive easing in the near term. In particular, market participants began pricing in the possibility of additional rate hikes from the Bank of England later this year. This synchronized global stance reinforced the "higher-for-longer" interest rate narrative, which significantly pressured gold prices throughout the week.



Source: Reuters

U.S. Dollar staged a strong rally, supported by rising Treasury yields and shifting rate expectations. On contrary, rupee marked record lows against dollar, supporting domestic prices. Gold ETFs saw a strong surge in investor interest at the start of 2026, with January witnessing inflows of over ₹24,000 crore, significantly outpacing equity ETF allocations amid rising macro and geopolitical uncertainty; but post that inflows have reduced in ETF as rising U.S. yields and a stronger dollar reduced appeal of non-yielding assets like gold. At the same time, speculative positioning weakened notably, with CFTC data indicating net long positions declining to around 100,000 contracts from ~159,000 levels seen in late February, while short positions increased to over 22,000 contracts, reflecting rising bearish bets and reduced investor exposure amid higher yields and a stronger dollar.

Looking ahead, last week highlighted a clear shit in market dynamics, where gold's traditional role as a geo-political hedge was overshadowed by rising inflation and interest rate expectations. Despite elevated tensions in the Middle East posing risks to global energy supply, their inflationary impact kept bullion under pressure, dragging prices to multi-week lows. As the war escalates further, rising inflation fear could influence interest rate expectations. Economic docket is fairly light this week, focus will be on preliminary PMI data from major economies. Bias remains sideways to lower for this week for both Gold and Silver.

Technical Levels:

MCX Gold has given a breakdown of rising trend line on daily chart and is indicating further weakness in price for short-term. Now, strong resistance is capped at 1,41,125 – 1,44,500 and overall bias remains weak as long as price holds below the same. The counter is likely to target 1,30,700 marks in the upcoming trading sessions. So, any short-covering move towards 1,38,000 should be a good selling opportunity. However, our bias will negate if price breaks above 1,41,225 on a sustainable basis

As seen on daily chart MCX Silver has given a breakdown below the rectangle formation and is confirming further weakness in price for short-term. Immediate strong resistance zone is capped at ₹2,27,000 – 2,31,500 area and bias remain weak below the same. The current weakness in price is likely to extend till ₹1,75,000 – 1,72,000 levels. So, any short-covering move towards ₹2,18,000 should be a good selling opportunity targeting. Our bias for the metal will negate if price break and sustains above ₹2,27,000 on sustainable basis

Navneet Damani	**Head Research- Currency and Commodities**	**navneet.damani@motilaloswal.com**
Manav Modi	**Analyst- Precious Metals**	**manav.modi@motilaloswal.com**

For any details contact:
Commodities Advisory Desk - +91 22 3958 3600
commoditiesresearch@motilaloswal.com

Commodity Disclosure & Disclaimer:

The following Disclosures are being made in compliance with the SEBI Research Analyst Regulations 2014 (herein after referred to as the Regulations).

Motilal Oswal Financial Services Ltd. (MOFSL) is a SEBI Registered Research Analyst having registration no. INH000000412 and and BSE enlistment no. 5028. MOFSL, the Research Entity (RE) as defined in the Regulations, is engaged in the business of providing Stock broking services, Depository participant services & distribution of various financial products. MOFSL is a listed public company, the details in respect of which are available on www.motilaloswal.com. MOFSL is registered with the Securities & Exchange Board of India (SEBI) and is a registered Trading Member with National Stock Exchange of India Ltd. (NSE) and Bombay Stock Exchange Limited (BSE), Multi Commodity Exchange of India Limited (MCX) and National Commodity & Derivatives Exchange Limited (NCDEX) for its stock broking activities & is Depository participant with Central Depository Services Limited (CDSL) National Securities Depository Limited (NSDL),NERL, COMRIS and CCRL and is member of Association of Mutual Funds of India (AMFI) for distribution of financial products and Insurance Regulatory & Development Authority of India (IRDA) as Corporate Agent for insurance products and is a member of Association of Portfolio Managers in India (APMI) for distribution of PMS products. Details of associate entities of Motilal Oswal Financial Services Ltd. are available on the website at http://onlinereports.motilaloswal.com/Dormant/documents/Associate%20Details.pdf

Details of pending Enquiry Proceedings of Motilal Oswal Financial Services Limited are available on the website at https://galaxy.motilaloswal.com/ResearchAnalyst/PublishViewLitigation.aspx

Terms & Conditions:

1. This document is not for public distribution and has been furnished to you solely for your information and must not be reproduced or redistributed to any other person. Persons into whose possession this document may come are required to observe these restrictions.
2. This material is for the personal information of the authorized recipient and we are not soliciting any action based upon it.
3. This report is not to be construed as an offer to sell or solicitation of an offer to buy any commodity or commodity derivative to any person in any jurisdiction where such an offer or solicitation would be illegal.
4. It is for the general information of clients of MOFSL. It doesn't constitute a personal recommendation or take into account the particular investment objectives, financial situations, or needs of individual clients.
5. The report and information contained herein is strictly confidential and may not be altered in any way, transmitted to, copied or distributed, in part or in whole, to any other person or to the media or reproduced in any form, without prior written consent of MOFSL.
6. The report is based on the facts, figures and information that are considered true, correct, reliable and accurate.
7. All such information and opinions are subject to change without notice.
8. Though disseminated to all the customers simultaneously, not all customers may receive this report at the same time. MOFSL will not treat recipients as customers by virtue of their receiving this report.
9. We have reviewed the report, and in so far as it includes current or historical information, it is believed to be reliable though its accuracy or completeness cannot be guaranteed.
10. Neither MOFSL, nor any person connected with it, accepts any liability arising from the use of this document.
11. The recipients of this material should rely on their own investigations and take their own professional advice. Price and value of the commodity referred to in this material may go up or down. Past performance is not a guide for future performance.
12. Certain transactions including those involving commodity derivatives involve substantial risk and are not suitable for all investors.
13. Reports based on technical analysis centers on studying charts of a commodity's price movement and trading volume as opposed to focusing on a commodity's fundamentals and as such may not match with a report on a commodity's fundamentals.
14. Proprietary trading desk of MOFSL or its associates maintains arm's length distance with Research Team as all the activities are segregated from MOFSL research activity and therefore it can have an independent view with regards to subject commodity for which Research Team have expressed their views.
15. MOFSL or its associates or Research Analyst or his relatives may have Open Position in subject commodity.
16. A graph of daily closing prices of commodities is available at http://www.moneyline.co.in/
17. Opinions expressed are our current opinions as of the date appearing on this material only. Prospective investors and others are cautioned that any forward-looking statements are not predictions and may be subject to change without notice.
18. The commodities discussed and opinions expressed in this report may not be suitable for all investors, who must make their own investment decisions, based on their own investment objectives, financial positions and needs of specific recipient.
19. This may not be taken in substitution for the exercise of independent judgment by any recipient. Each recipient of this document should make such investigations as it deems necessary to arrive at an independent evaluation of an investment in the securities of companies referred to in this document (including the merits and risks involved), and should consult its own advisors to determine the merits and risks of such an investment.

20. The Company reserves the right to make modifications and alternations to this statement as may be required from time to time without any prior approval. MOFSL, its associates, their directors and the employees may from time to time, effect or have effected an own account transaction in, or deal as principal or agent in or for the commodities mentioned in this document.
21. The views expressed are those of the analyst, and the Company may or may not subscribe to all the views expressed therein.
22. The commodities described herein may or may not be eligible for trade in all jurisdictions or to certain category of investors. Persons in whose possession this document may come are required to inform themselves of and to observe such restriction. Neither the Firm, not its directors, employees, agents or representatives shall be liable for any damages whether direct or indirect, incidental, special or consequential including lost revenue or lost profits that may arise from or in connection with the use of the information. The person accessing this information specifically agrees to exempt MOFSL or any of its affiliates or employees from, any and all responsibility/liability arising from such misuse and agrees not to hold MOFSL or any of its affiliates or employees responsible for any such misuse and further agrees to hold MOFSL or any of its affiliates or employees free and harmless from all losses, costs, damages, expenses that may be suffered by the person accessing this information due to any errors and delays.
23. Certain transactions -including those involving futures, options, another derivative products as well as non-investment grade securities - involve substantial risk and are not suitable for all investors.
24. MOFSL and its associate company(ies), their directors and Research Analyst and their relatives may (a) from time to time, have long or short positions in, and buy or sell the commodities mentioned herein or (b) be engaged in any other transaction involving such commodities and earn brokerage or other compensation or act as a market maker in the commodity/ (ies) discussed herein or have other potential conflict of interest with respect to any recommendation and related information and opinions. However the same shall have no bearing whatsoever on the specific recommendations made by the analyst(s), as the recommendations made by the analyst(s) are completely independent of the views of the associates of MOFSL even though there might exist an inherent conflict of interest in some of the commodities mentioned in the research report.
25. MOFSL and it's associates and Research Analyst have not received any compensation or other benefits in connection with the research report. Compensation of Research Analysts is not based on any brokerage transactions generated by broking activities under Motilal Oswal group.

This report is meant for the clients of Motilal Oswal only.

Investment in securities market are subject to market risks. Read all the related documents carefully before investing.

Registration granted by SEBI, enlistment as RA with Exchange and certification from NISM in no way guarantee performance of the intermediary or provide any assurance of returns to investors

Registered Office Address: Motilal Oswal Tower, Rahimtullah Sayani Road, Opposite Parel ST Depot, Prabhadevi, Mumbai-400025; Tel No.: 022 - 71934200 / 71934263; www.motilaloswal.com. Correspondence Address: Palm Spring Centre, 2nd Floor, Palm Court Complex, New Link Road, Malad (West), Mumbai- 400 064. Tel No: 022 71881000. Details of Compliance Officer: Neeraj Agarwal, Email Id: na@motilaloswal.com, Contact No.:022-40548085.

Grievance Redressal Cell:

Contact Person	**Contact No.**	**Email ID**
Ms. Hemangi Date	022 40548000 / 022 67490600	query@motilaloswal.com
Ms. Kumud Upadhyay	022 40548082	servicehead@motilaloswal.com
Mr. Ajay Menon	022 40548083	am@motilaloswal.com
Mr. Neeraj Agarwal	022 40548085	na@motilaloswal.com
Mr. Siddhartha Khemka	022 50362452	po.research@motilaloswal.com

Registration details of group entities.: Motilal Oswal Financial Services Ltd. (MOFSL): INZ000158836 (BSE/NSE/MCX/NCDEX); CDSL and NSDL: IN-DP-16-2015; Research Analyst: INH000000412, BSE enlistment no. 5028 . AMFI: ARN .: 146822. IRDA Corporate Agent – CA0579, APMI: APRN00233. Motilal Oswal Financial Services Ltd. is a distributor of Mutual Funds, PMS, Fixed Deposit, Insurance, Bond, NCDs and IPO products.

Customer having any query/feedback/ clarification may write to query@motilaloswal.com. In case of grievances for any of the services rendered by Motilal Oswal Financial Services Limited (MOFSL) write to grievances@motilaloswal.com, for DP to dpgrievances@motilaloswal.com.